

# Old Saybrook Life During COVID-19...So Far

We would like to know how you are making it through this historic time in Old Saybrook. We would like to document this time to make it available for future generations. We do understand that we are not through with COVID yet, but please tell us how you are doing so far. Please answer as many of the question that you can. If you have any questions email us at [actonlibrary@actonlibrary.org](mailto:actonlibrary@actonlibrary.org)

What is your connection to Old Saybrook?

I live in Old Saybrook

When, where, and how did you quarantine?

I stayed in my house, but went outside to walk and ride my bike.

Did you feel prepared for the pandemic? How did you navigate the shutdown of services and shortage of supplies, such as hand sanitizer and paper products?

I was not prepared, we ran out of face masks, hand sanitizer and toilet paper.

How did the pandemic affect you and your family?

My daughter missed her last months of 12 grade and she had a Virtual Graduation. She is not sure if classes for college in the fall will just be online.

Did you learn anything about yourself during this experience that surprised you?

We were amazed how much social media we used to get through this, and that we could actually cope with not seeing anyone.

Did you require help or social services during the shutdown and how did you navigate that?

No, We got a lot of take out and went grocery shopping every couple of weeks when we had to.

How do you feel the Town of Old Saybrook responded to the COVID-19 crisis?

I think the Emergency Management Team, the teachers, the police and the Selectman did an outstanding job keeping the town informed and safe.

What will be the experiences and stories you will share with people in the future when you talk about the pandemic?

I would explain how our town and the people here handled this situation and how they instilled a sense of community here, and how they actually thought outside the box to make the right choices for everyone involved.

This community really came together and I would not want to live anywhere else.

Is there anything else you would like to share?

I am proud of the First Responders, Teachers, Police, Emergency Management, Food Service Industry and all the Town employees for doing such terrific job.

### General Demographics

- Adult (18+)
- Teen (13-17)
- Child (12 and under)

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