

Old Saybrook Life During COVID-19...So Far

We would like to know how you are making it through this historic time in Old Saybrook. We would like to document this time to make it available for future generations. We do understand that we are not through with COVID yet, but please tell us how you are doing so far. Please answer as many of the question that you can. If you have any questions email us at actonlibrary@actonlibrary.org

What is your connection to Old Saybrook?

Lived there for 23 years

When, where, and how did you quarantine?

Started remote working in late March, stayed at home

Did you feel prepared for the pandemic? How did you navigate the shutdown of services and shortage of supplies, such as hand sanitizer and paper products?

Stayed home or went to the grocery early on weekday mornings

How did the pandemic affect you and your family?

Total change to solitude

Did you learn anything about yourself during this experience that surprised you?

Learning to think more about what we can do in the present.

Did you require help or social services during the shutdown and how did you navigate that?

Reached out to friends and encouraged them to touch base with others.

How do you feel the Town of Old Saybrook responded to the COVID-19 crisis?

As well as we could

What will be the experiences and stories you will share with people in the future when you talk about the pandemic?

Missing smiles. Substituting waves for smiles. Group think vs individual freedom

Is there anything else you would like to share?

We have a long way to go, get good at these routines now

General Demographics

- Adult (18+)
- Teen (13-17)
- Child (12 and under)

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