## Old Saybrook Life During COVID-19...So Far

We would like to know how you are making it through this historic time in Old Saybrook. We would like to document this time to make it available for future generations. We do understand that we are not through with COVID yet, but please tell us how you are doing so far. Please answer as many of the question that you can. If you have any questions email us at <a href="mailto:actonlibrary@actonlibrary.org">actonlibrary.org</a>

What is your connection to Old Saybrook?

Live here since 2000.

When, where, and how did you quarantine?

Home. In the last month (July) went shopping; dined in w/ spacing indoors

Did you feel prepared for the pandemic? How did you navigate the shutdown of services and shortage of supplies, such as hand sanitizer and paper products?

We were unprepared. The federal govt did nothing to alert and/or help.

How did the pandemic affect you and your family?

We're separated from our sons/families

Did you learn anything about yourself during this experience that surprised you?

Life goes on, even without the routines of meetings, socialization, etc

Did you require help or social services during the shutdown and how did you navigate that?

No

How do you feel the Town of Old Saybrook responded to the COVID-19 crisis?

Very well. Distribution of masks was a good support re: wearing masks ...

What will be the experiences and stories you will share with people in the future when you talk about the pandemic?

I have poetry I've written during this pandemic. I'm sharing one here ...

Awake

Despite my bamboo blind clattering up, despite my elbow seeking my fallen strap

to send it to my shoulder's angled quest, despite my eyelids, aflutter with my window's

close offer of a sparrow's still curiosity, she and I stare each other into the speck of this hour,

neither she nor I adding anything but the slender tether we allow. I, awake to how the sparrow

and I are in it together. She, awake, and without a word about It.

Is there anything else you would like to share?
Thanks I hope other people are writing poetry too!
General Demographics
Adult (18+)
Teen (13-17)
Child (12 and under)
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