

Old Saybrook Life During COVID-19...So Far

We would like to know how you are making it through this historic time in Old Saybrook. We would like to document this time to make it available for future generations. We do understand that we are not through with COVID yet, but please tell us how you are doing so far. Please answer as many of the question that you can. If you have any questions email us at actonlibrary@actonlibrary.org

What is your connection to Old Saybrook?

Resident

When, where, and how did you quarantine?

At home, starting in March. Visited stores using masks, social distance.

Did you feel prepared for the pandemic? How did you navigate the shutdown of services and shortage of supplies, such as hand sanitizer and paper products?

I keep extra supplies of non-perishables, so was prepared that way.

How did the pandemic affect you and your family?

Cancelled plans to visit children in Utah and Pennsylvania. Work hours cut.

Did you learn anything about yourself during this experience that surprised you?

I like doing puzzles, to a point! Thankful that hiking was a regular activity before this, and we just did more of it after.

Did you require help or social services during the shutdown and how did you navigate that?

Not needed.

How do you feel the Town of Old Saybrook responded to the COVID-19 crisis?

I didn't require services. Unfortunate to hear about Apple Rehab infections.

What will be the experiences and stories you will share with people in the future when you talk about the pandemic?

People need to heed advice from experts, not make this a political agenda. It is not fun to be isolated, but with internet it is so much easier to be in touch than it would have been 25 years ago. Healthcare and essential workers are the best!

Is there anything else you would like to share?

General Demographics

- Adult (18+)
- Teen (13-17)
- Child (12 and under)

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