## Old Saybrook Life During COVID-19...So Far

We would like to know how you are making it through this historic time in Old Saybrook. We would like to document this time to make it available for future generations. We do understand that we are not through with COVID yet, but please tell us how you are doing so far. Please answer as many of the question that you can. If you have any questions email us at <a href="mailto:actonlibrary.org">actonlibrary.org</a>

What is your connection to Old Saybrook?	
I own a second home here	

When, where, and how did you quarantine?

Old Saybrook, from mid-March through mid-June

Did you feel prepared for the pandemic? How did you navigate the shutdown of services and shortage of supplies, such as hand sanitizer and paper products?

I normally have a stash, didn't really like everything being shut down

How did the pandemic affect you and your family?

depression in the very beginning (I was alone), but stayed connected to several people I know to keep my sanity. It got easier as time went on.

Did you learn anything about yourself during this experience that surprised you?

yes, I always thought I was a loner, but found that I do need to interact with people!

How do you feel the Town of Old Saybrook responded to the COVID-19 crisis?  Old Saybrook was great. I appreciated the daily COVID-19 updates from the town.  What will be the experiences and stories you will share with people in the future when you talk about the pandemic?  not being able to go anywhere or do anything that I would normally do, how to use up vacation when you can't go on vacation!  Is there anything else you would like to share?  General Demographics  Adult (18+)  Teen (13-17)  Child (12 and under)	Did you require help or social services during the shutdown and how did you navigate that?
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Teen (13-17)	
	✓ Adult (18+)
Child (12 and under)	Teen (13-17)
	Child (12 and under)

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