

Old Saybrook Life During COVID-19...So Far

We would like to know how you are making it through this historic time in Old Saybrook. We would like to document this time to make it available for future generations. We do understand that we are not through with COVID yet, but please tell us how you are doing so far. Please answer as many of the question that you can. If you have any questions email us at actonlibrary@actonlibrary.org

What is your connection to Old Saybrook?

resident

When, where, and how did you quarantine?

at home with my spouse. We pretty much didn't socialize with anyone or do anything

Did you feel prepared for the pandemic? How did you navigate the shutdown of services and shortage of supplies, such as hand sanitizer and paper products?

no. we had plenty of paper products but I avoided grocery stores, so there were some weeks when our cupboards were pretty bare between Peapod deliveries

How did the pandemic affect you and your family?

We have seen our kids about once a month. When we get together, we have picnics in the back yard and sit far apart in family groups.

Did you learn anything about yourself during this experience that surprised you?

I can fill a day with nothing and survive quite well. There have been a few times when I felt lonely.

Did you require help or social services during the shutdown and how did you navigate that?

no

How do you feel the Town of Old Saybrook responded to the COVID-19 crisis?

I think the town did pretty well.

What will be the experiences and stories you will share with people in the future when you talk about the pandemic?

My stories will mostly be about being at home, social distancing, doing the gardening. Unable to pay attention, so reading books has been hard.

Is there anything else you would like to share?

General Demographics

- Adult (18+)
- Teen (13-17)
- Child (12 and under)

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