## Old Saybrook Life During COVID-19...So Far

We would like to know how you are making it through this historic time in Old Saybrook. We would like to document this time to make it available for future generations. We do understand that we are not through with COVID yet, but please tell us how you are doing so far. Please answer as many of the question that you can. If you have any questions email us at <a href="mailto:actonlibrary@actonlibrary.org">actonlibrary.org</a>

What is your connection to Old Saybrook?

Live here

When, where, and how did you quarantine?

at my house in Old Saybrook - worked from home, enjoyed the outdoors and stayed away from gatherings, stores, and other people

Did you feel prepared for the pandemic? How did you navigate the shutdown of services and shortage of supplies, such as hand sanitizer and paper products?

I felt prepared and was able to always make it with supplies I had.

How did the pandemic affect you and your family?

School at home for one child which worked out great and we were all happy to have the time at home and live a less stressful life.

Did you learn anything about yourself during this experience that surprised you?

Already knew that I did not like crowds/germs so this just reinforced that we are simple, and happy in our home with our family.

Did you require help or social services during the shutdown and how did you navigate that?

Did not need this service.

How do you feel the Town of Old Saybrook responded to the COVID-19 crisis?

The town handled the situation great and kept everyone informed.

What will be the experiences and stories you will share with people in the future when you talk about the pandemic?

Just that it was a nice easier lifestyle and I had hopes that people would keep up the lifestyle.

Is there anything else you would like to share?

## General Demographics

Adult (18+)

Teen (13-17)

Child (12 and under)

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