

# Old Saybrook Life During COVID-19...So Far

We would like to know how you are making it through this historic time in Old Saybrook. We would like to document this time to make it available for future generations. We do understand that we are not through with COVID yet, but please tell us how you are doing so far. Please answer as many of the question that you can. If you have any questions email us at [actonlibrary@actonlibrary.org](mailto:actonlibrary@actonlibrary.org)

What is your connection to Old Saybrook?

Live here

When, where, and how did you quarantine?

Old Saybrook and in March Clearwater Beach, Florida

Did you feel prepared for the pandemic? How did you navigate the shutdown of services and shortage of supplies, such as hand sanitizer and paper products?

Was difficult at first but we managed

How did the pandemic affect you and your family?

My 3 children ( all older) and my daughter in law all got pretty sick in March and April . They live in New York City and New Jersey

Did you learn anything about yourself during this experience that surprised you?

Yes, I am a good cook

Did you require help or social services during the shutdown and how did you navigate that?

No

How do you feel the Town of Old Saybrook responded to the COVID-19 crisis?

Excellent response

What will be the experiences and stories you will share with people in the future when you talk about the pandemic?

Quarantine , face masks and social distancing

Is there anything else you would like to share?

### General Demographics

- Adult (18+)
- Teen (13-17)
- Child (12 and under)

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