

# Old Saybrook Life During COVID-19...So Far

We would like to know how you are making it through this historic time in Old Saybrook. We would like to document this time to make it available for future generations. We do understand that we are not through with COVID yet, but please tell us how you are doing so far. Please answer as many of the question that you can. If you have any questions email us at [actonlibrary@actonlibrary.org](mailto:actonlibrary@actonlibrary.org)

What is your connection to Old Saybrook?

Resident

When, where, and how did you quarantine?

Did not.

Did you feel prepared for the pandemic? How did you navigate the shutdown of services and shortage of supplies, such as hand sanitizer and paper products?

I am in healthcare as a profession.

How did the pandemic affect you and your family?

Not seeing my grandchildren every day, as normal, has been very depressing.

Did you learn anything about yourself during this experience that surprised you?

That I enjoyed people being more polite and courteous to each other!

Did you require help or social services during the shutdown and how did you navigate that?

No.

How do you feel the Town of Old Saybrook responded to the COVID-19 crisis?

Too early to say.

What will be the experiences and stories you will share with people in the future when you talk about the pandemic?

How deadly this disease has been, and waiting for vaccine is hard.

Is there anything else you would like to share?

I have continued to walk my dog daily in the park and continued to see regular dog-walking friends that way.

### General Demographics

- Adult (18+)
- Teen (13-17)
- Child (12 and under)

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