

Old Saybrook Life During COVID-19...So Far

We would like to know how you are making it through this historic time in Old Saybrook. We would like to document this time to make it available for future generations. We do understand that we are not through with COVID yet, but please tell us how you are doing so far. Please answer as many of the question that you can. If you have any questions email us at actonlibrary@actonlibrary.org

What is your connection to Old Saybrook?

We live in a historic home for 6 months of the year.

When, where, and how did you quarantine?

We stayed at home except for grocery runs until the governor opened up hair salons, restaurants, etc. We cautiously got our hair cut and went to a restaurant that adhered to the guidelines. We wear masks when out of the house. We cooked our meals. We read books and magazines. We spend an insane amount of time on the internet. Oh and puppy walks and playtime.

Did you feel prepared for the pandemic? How did you navigate the shutdown of services and shortage of supplies, such as hand sanitizer and paper products?

Because we expected to travel, we had hand sanitizers. There was a shortage of our favorite brands of paper products so we bought what was available. We did not hoard anything.

How did the pandemic affect you and your family?

There are only 2 of us and we get along fine. We had a 2 month trip to Europe planned that we cancelled. So we are disappointed but we are well aware that others have suffered much more.

Did you learn anything about yourself during this experience that surprised you?

Yes, laziness comes easily.

Did you require help or social services during the shutdown and how did you navigate that?

No.

How do you feel the Town of Old Saybrook responded to the COVID-19 crisis?

The town really kicked into high gear offering services. Great job! We didn't need any help but the town did a superb job of communicating status resorts and available services.

What will be the experiences and stories you will share with people in the future when you talk about the pandemic?

The uncertainty about the future is stressful. The apprehension about exposure to contaminated people is always there. Sometimes the boredom is oppressive. Days roll into each other.

Is there anything else you would like to share?

General Demographics

- Adult (18+)
- Teen (13-17)
- Child (12 and under)

